

# Stop Saying “I’m Fine!” (Daniel Stegeman)

We have all heard it before. You pass someone you know and ask them, “how are you?” and the automatic answer is: “I’m fine thanks”. There are other go-to responses to that question, but “I’m fine” tends to be among the most popular. I had the opportunity to attend a pastors’ conference this past week and one of the speakers made an offhand remark about the meaning of “fine”. He said that it really stands for:

Fouled up, Insecure, Neurotic, Exhausted

I laughed, but also recognized the truth that he was hinting at. Fine really doesn’t mean fine. It often means I could be doing a lot better... I’m struggling... I have a lot of problems that seem insurmountable, and so on. Now, just to give a little disclaimer, often when someone asks how we are doing, they are not looking for us to unload all of our troubles on them. Nor are we. But you would admit that we have the tendency at times to be dishonest in our assessment of ourselves. It is human nature to want to put on a good front and project a stoic, “got it all together” image of ourselves. But one of the things that should characterize us as Christians is our desire to be real and transparent and genuine.

One of the major themes in the Bible is that of loving and caring for one another. God never designed the Christian life to be an individual, lone-ranger kind of thing. God designed the Christian life to be a community project where we share one another’s burdens and constantly point one another to the power of the Gospel. The Church of Christ is a wonderful gift! But in order for this gift to work, we must be real with one another.

The next time someone asks how you are doing, don’t feel like you have to tell them how fouled up, insecure, neurotic, and exhausted you are. Simply do your best to answer honestly and accurately. Along with that, remember what an amazing gift God has given us in the Body of Christ and seek to attach yourself to that Body. Find people that you can minister to and the people that can minister to you.

“And let us consider how to stir one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.” (Hebrews 10:24-25)

“Be devoted to one another in brotherly love. Honor one another above yourselves.” (Romans 12:10)

“Be completely humbled and gentle; be patient, bearing with one another in love.” (Ephesians 4:2)

(From <https://pastoral-theology.com/2018/05/18/stop-saying-im-fine/> with minor modifications)



7 April 2019 | Service Times: 9am & 11:30am

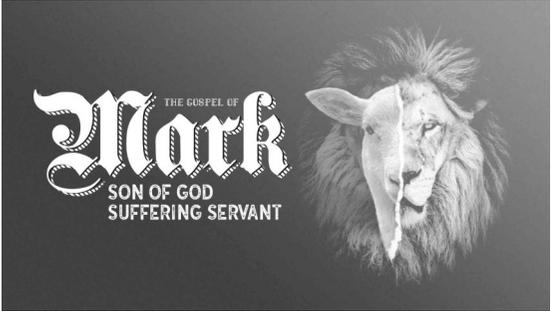
## Welcome, we’re glad you’re here!

We are a church family committed to following Jesus Christ as Lord. We do this by getting to know him through his living Word, the Bible, which is why the sermon is the key part of our Sunday services. Find out more about us at [www.slechurch.org.au](http://www.slechurch.org.au).

### This Week: Gospel of Mark—The Purifying King

We all stand before God with unclean hearts, deserving of nothing, and yet by sheer grace and the compassion we are made clean and brought into His Kingdom. We can do nothing but humbly accept this gift.

Next Week: Gospel of Mark—Mark 8:10-9:1



## Today’s Service

**Welcome and Singing** Only a Holy God  
Amazing Grace  
You Made Us Your Own

**Holy Communion**

**Offering**

**Community News**

**Bible Reading** Mark 6:53-8:9

**Sermon** By Pastor Steven Tran

**Song of Response** Rock of Ages

## Stay Connected

- facebook.com/slechurch
- slechurch.org.au
- +61 7 3371 7589
- info@slechurch.org.au
- 83 Ryans Road, St Lucia 4067

Check out [slechurch.org.au/groups](http://slechurch.org.au/groups) to find a group that you can join.

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# Say hello

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Join us for morning tea at 10:30am.  
We'd love to have a chat and get to know you better.

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## Our Pastors

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### PASTOR BEN HO

**Mobile:** +61 433 581 335

**Email:** ben.ho@slechurch.org.au

### PASTOR STEVEN TRAN

**Mobile:** +61 411 621 159

**Email:** steven.tran@slechurch.org.au

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## Financial Update

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Last Week	\$4,737.78
Weekly Required	\$5,750.00
Shortfall 2019	\$0.00

### Giving by Electronic Funds Transfer

**A/C Name:** SLE Church  
**Bank:** National Australia Bank  
**BSB:** 084-424  
**A/C No:** 396558544

SLE Church is a branch church of Chinese Christian Church Brisbane

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## Prayer Points

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**PRAISE GOD FOR HIS POWER** to open ears, soften hearts and cause people to come to repentance and faith in Jesus Christ. Praise God that He brings near those who are far away and pushes fence-sitters off the fence and into His kingdom.

**THANK OUR FATHER IN HEAVEN** and our Lord Jesus Christ and the Holy Spirit for their long-suffering patience towards us who are slow to listen, blind to see and hard of heart.

**PRAY THAT WE WOULD HAVE PATIENCE**, trusting in our Father, Son and Spirit to work in our lives and the lives of the people around us, whether it is our children, or our parents, or those we are seeking to evangelise or teach.

**PRAY THAT THIS EASTER PERIOD** would be an opportunity for many Christians to share their faith with family and friends. Pray that churches would preach the gospel faithfully and powerfully during this time.

**CONSIDER THE STAGES OF LIFE** of those who are part of our church family. Pray for the particular challenges they face. Pray that in word or deed, in thought and attitude, they would do it all in the name of Jesus Christ, seeking to honour Him, trusting Him more and to know peace and joy in Him.

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## Community News

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### SLE CHURCH AND SLDB AGM | SUNDAY 5 MAY @ NORTH HALL

SLE members, please note the above AGMs will be held on Sunday 5 May. Members are expected to attend in person.

Agenda items, such as finance statement, notice of issue to be voted on will be available in the next few weeks by email.

Proxy form will be available for those who are unable to attend the AGM due to serious illness or distant travel at the time.

SLE AGM : 1:30pm-2pm

SLDB AGM : 2pm-2:20pm

### GOOD FRIDAY & EASTER SUNDAY

Services will be:

9am—North Hall

11:30am—South Hall

Do think about who you can invite to these services as we gather to remember Jesus' death, and celebrate in His resurrection.

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## Serving

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	Today	Next Week
<b>Chair</b>	Simeon	Mervin
<b>Preach</b>	Ps Steven	Ps Ben
<b>Bible Read</b>	Alice <i>Mike Husband</i>	Boon Cheng <i>Alan</i>
<b>M.Tea</b>	YF Fri/Sat	YF Fri/Sat
<b>Wash Up</b>	YF Fri/Sat	YF Fri/Sat
<b>Welcome</b>	Philip Mee Lan Esther <i>Sean</i>	Philip Mee Lan Esther <i>Sean</i>
	<i>Nethanel</i>	<i>Nethanel</i>
	<i>Joy</i>	<i>Joy</i>
	<i>Leya</i>	<i>Leya</i>
<b>Stewards</b>	Sunny Simeon Meng Yin <i>Josiah</i> <i>Aaron</i> <i>GengHao</i>	Sunny Simeon Meng Yin <i>Josiah</i> <i>Aaron</i> <i>GengHao</i>
<b>Piano</b>	Liesl	Joanna
<b>Guitar</b>	Jabez	Ivan
<b>Bass</b>	Ethan	Aaron
<b>Drums</b>	John	John
<b>Vocal</b>	Alisha	Shaun/ Amanda
<b>PA</b>	Reuten <i>Daniel</i>	Matt T, Matt Z <i>Jowin</i>

# The Gospel of Mark—The Purifying King [Mark 6:53-8:9]

Intro:

1. Cleaning Traditions (7:1-13)

2. Unclean Source (7:14-23)

So What?

3. Including the 'Unclean' (7:24-8:9)

a. The dog (7:24-30)

b. The deaf (7:31-37)

c. The déjà vu (8:1-9)

So What?